

# Prenatal Yoga at the Ruby Tree

**Saturday, December 1st  
2:00-4:00 pm**

- \* Tone your body
- \* Calm your mind
- \* Connect with your intuition
- \* Reclaim the power of birth

*No experience necessary*

\$35



**Happy Mama Happy Baby**

To register  
Ruby Tree

670 Main St S, Woodbury, CT 06798  
(203) 586-1655

or contact

dbrh196@gmail.com  
happymamahappybaby.org

